

# The Roseway Reporter

roseway.org

PUBLISHED BY THE ROSEWAY NEIGHBORHOOD ASSOCIATION

SUMMER 2011



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### Join Us!

Roseway General Meetings are held three times a year on the second Tuesday of April, July, and October.

The meetings are held at Grace Lutheran Church, 7610 NE Fremont, 7 p.m.

Hope to see you there!

# Ice Cream Social by Paul Mooring Roseway General Meeting Tuesday, July 12th

Please join the Roseway Neighborhood Association for our July general meeting to be held outdoors on the Roseway 72nd Avenue Park Blocks. We have several speakers with information on home energy conservation among other topics. Plus who can resist free ice cream in July?

We hope you'll join us on Tuesday, July 12th at 7pm at the 72nd Park Blocks near the southern edge of the blocks. Come out to meet fellow Roseway neighbors, share some ice cream and enjoy the night. See you there!

# Roseway Movies in the Park Wellington Park, Wednesday, August 3<sup>rd</sup>

Looking for something to do on a hot August Wednesday night? Well look no further. The Roseway Neighborhood Association, in conjunction with the Portland Parks Department, is delighted to be showing our first ever Movie In The Park.

On Wednesday, August 3rd, come join us at Wellington Park for entertainment, food, music and best of all, a free showing of Iron Man 2. Bring a chair, your kids, your pets (on leashes please) and come join our neighborhood night out. It's sure to be a blast.

# **Community Calendar**

### Roseway General Meeting

Tuesday, July 12th, 7 p.m. Southern 72nd Avenue Park Blocks Sandy & 72nd Avenue

### **CNN LUTOP meeting**

1st Monday of each month at 7pm CNN Community Room 4415 NE 87th Avenue

### **PDXIBD Meeting**

4th Monday of each month at 7pm Nazarene Church (across from Safeway on Sandy Blvd.)

### Roseway General Meeting

Tuesday, October 11th, 7 p.m. Grace Lutheran Church 7610 NE Fremont

# Movies in the Park event at Wellington Park

Wednesday, August 3rd, 7pm Showing of Iron Man II FREE

## Bicycling in the Hood by Bob Daugherty

In recent months the Roseway Neighborhood has been getting some press time on Bikeportland.org. One article mentioned that the city of Portland Bureau of Transportation (PBOT) had released a new list of potential neighborhood greenways and one of those listed was in our own Roseway neighborhood. To quote the article: "Greg Raisman says the list is still not set in stone. He and PBOT staff plan to work over the next month or so with the Bike Advisory Committee and neighborhood groups to refine it." The good news is that PBOT is looking for input from the neighborhoods and that is us. PBOT defines the Greenway as "a network of low-stress, family-friendly bikeways" Low Stress family friendly are good things to have when talking about our neighborhood.

To summarize, the city has active plans to improve bicycling in our neighborhood, and they are looking for input. To that end, I recently met with one of the RNA board members to see if we couldn't form a subcommittee to work with PBOT on the proposed Greenway. We thought a subcommittee might be a good way to address both bicycling and pedestrian safety issues in our neighborhood. If either of these areas is of interest to you we would sure like to hear from you. Please contact me or any of the RNA board members. **Bobbike51@yahoo.com** 

## Successful Roseway Neighborhood Cleanup by Denise Gorrell

Our Annual Roseway Neighborhood Clean Up was a great success this year due to our volunteers, sponsors, and neighbors who pitched in to help beautify our neighborhood and raise money for a good cause. Fifty plus volunteers helped us raise over \$2,000 to donate toward the Portland Fire and Rescue Station 12's (8645 NE Sandy Boulevard) purchase of an All Terrain Vehicle.

**VOLUNTEERS:** Thank you for all your hard work on Saturday, May 14, 2011. We truly appreciate your willingness to volunteer and are looking forward to next year.

### SPECIAL THANKS TO OUR EVENT SPONSORS AND PARTNERS:

Rose City Church of the Nazarene, Recology, The ReBuilding Center, Teen Challenge











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# Lauds for Roseway Landscapes! by Peggy Sullivan

During the occasionally dry days of this long wet spring, I strolled the streets of my 'hood (okay, it was 3 times) looking to be charmed and inspired by what my neighbors are doing. While I didn't often encounter many folks during my walks, I could see that despite the plethora of precipitation, they've been out and about, doing marvelous things. On the "country roads" between the avenues south of Fremont I talked to young urban farmers with large and lavish straw-mulched beds, raising tomatoes and chickens in lieu of children; other homeowners have painted their houses in vibrant colors (love the orange shades!) adding color to the wintry landscape and our dreary days.

On NE Sacramento, there is a trio of terrific frontyard restylings that deserve praise (but no one was home when I was ogling their places) for eliminating two Really Bad Design Concepts: the flat, skinny front yard made useless

and uninteresting with mere lawn, and the abomination of perilous pedestrian access, i.e., having to climb up steps in the middle of a driveway. The latter change was bold (and probably spendy, bless their hearts), but well worth the effort: they took out a chunk of the rock wall along the sidewalk and shaped lovely concrete steps up through it to a new path to the front door!

The other two, east of the 72nd Avenue t-bone above the golf course, eliminated lawn for nicely-laid stone paths and bermed plantings. Across the street from those two new yards is Mary, whose garden is always wonderfully luscious, and she's created a grassy nook with an easy chair out front. What I like most about all these changes I'm seeing is the conviviality and community that street-side living fosters. And as always, a good idea is worth stealing. Carry on, neighbors!

### Advanced Directives, Part of Your Emergency Planning by Amy Drouin, RN

Have you thought about creating an advanced directive? This legal document would specify your preferences for medical treatment in the event of you not being conscious or able to communicate with healthcare workers. Even for those who are not experiencing a serious or terminal illness, it is worthwhile to consider the issue and discuss it with your family members before a medical emergency occurs. For more information and forms you can fill out, go to the state of Oregon's advanced directives webpage at: http://www.oregon.gov/DCBS/SHIBA/advanced\_directives.shtml

Maybe you already have an advanced directive. Did you know that medical workers recommend that you keep a copy of this form in a clearly labeled envelope or pouch on the front of your refrigerator? This makes it much easier for emergency responders to find this vital information when it is most needed.



### Looking for pet care?

Dog walking/running, pet sitting, yard visits, etc. in the Roseway neighborhood!

Please email or call for information and rates.

Elizabeth.Guest@gmail.com or (503)575-8014



### All Real Estate is Local by Catherine Wilson

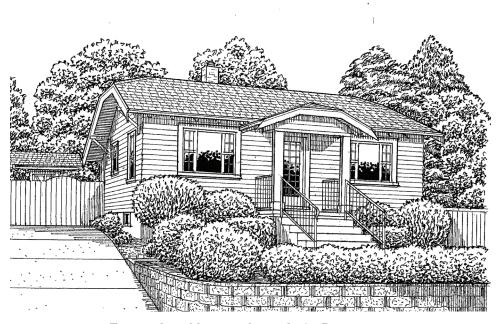
Not national. Not even regional.

According to Brian and Joan Allen, Windermere owners, real estate is "hyper-local". The fact is, RMLS area trends (such as Northeast/Southeast), and even zip code trends oftentimes may be too generalized to apply to a particular home in a particular neighborhood. We can see that happening in Roseway both now, and in the recent past: home sales (or expired listings) of seemingly comparable properties, at comparable prices.

It is true, looking at greater Portland prices, that, on average, prices have gone down over the past year. Depending

on whom you choose to believe: RMLS notes a decline of 6.8%, Case Schiller 7.6% and Zillow 8.2% (No realtor I know believes anything from Zillow.) Looking closer at these numbers, you must keep in mind that some neighborhoods have gone down in value even further than the averages, while some neighborhoods and properties have held their value over the past year. Roseway is one neighborhood which, though struggling, is holding onto value.

What will always be true, no matter the economy, is that the homes that sell, and sell quickly, are the



Example of house for sale in Roseway: 3355 NE 73rd Ave. / ML# 11264476

ones that are priced right or priced appropriately for condition and location. For your own homewhat's going on with it may or may not have any relationship to a national trend.

Remember, real estate is local. Because it is a local phenom, do not underestimate the importance of hiring a realtor with experience and neighborhood (read: local) familiarity.



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# Landscaping for Clean Water & Healthy Habitat by Katie Meckes

Urban areas have much less vegetation, and many more roads, parking lots, roof-tops, etc., when compared to nearby forests and natural areas. These impervious surfaces prevent rainfall from soaking into the ground naturally. When it rains, storm water travels quickly over these surfaces, picks up pollutants (automobile oil, brake dust) along the way, and typically goes (untreated) directly into local waterways. Learn what you can do in your own yard to help minimize the impact that urban storm water runoff has on fish, wildlife, and people that are connected to our local waterways.

#### Slow the Flow with a Rain Garden!

A rain garden is a sunken, generally flat bottomed garden bed that collects storm water runoff from rooftops, driveways and other impervious surfaces on your property. Rain gardens are an easy and beautiful way to manage storm water because they allow rain to soak into the ground naturally rather than running off directly into streams and rivers.

### **Incorporate Native Plants!**

Naturescaping is the practice of designing (or redesigning) a landscape so that it reduces water use, decreases storm water runoff and pollution while saving you time, money and energy. The practice of Naturescaping focuses on using native plants because once established, they are low maintenance, less susceptible to common garden pests and diseases, and attract a variety of native birds and butterflies.

East Multnomah SWCD offers FREE Naturescaping & Rain Garden Workshops so you can learn to create landscapes that reduce pollution and storm water runoff. Our workshops are hosted by interested individuals, neighborhood associations, and community organizations. We are now preparing our fall workshop schedule and we are looking for new groups to partner with to offer even more free workshops!

Help us bring FREE Workshops to Roseway Neighbors this fall: Host a Workshop! By hosting a workshop you bring neighbors, friends and interested citizens the opportunity to learn about rain gardens and naturescaping - for free!

#### Here's how it works:

An interested Host (that's you!) invite us (EMSWCD) to offer a free workshop in your community or neighborhood during our fall (September-December) or spring (March - June) workshop seasons. We manage registration, and promotion; providing workshop presenters, fliers, and workbooks. Hosts reserve a workshop location, help get the word out by distributing our workshops fliers, and assist with day of workshop needs.

To learn more, contact Katie Meckes at 503-935-5368 or katie@emswcd.org or visit www.emswcd.org. We look forward to partnering with you!





# Roseway welcomes new board member

**Eric Gorrell** is a new board member who moved into the neighborhood in 2006. Eric is married to Denise Gorrell, a board member since 2007, and the proud new papa to Charlotte, born last October. When Eric is not busy catering to his daughter's every whim, he enjoys cooking and entertaining. Eric has been in the wine industry in Oregon and Washington for over a decade. He also co-directed this year's neighborhood clean up. His interests include raising community awareness of pet and human interactions and making the neighborhood more family and bike friendly.

# 811 - Call Before You Dig

The rainbow of colors at your feet—on sidewalks, driveways, and streets—indicates that a contractor or homeowner did the right thing: before they began digging, they called an important number and arranged to have their underground lines located. Specialists located and marked their underground lines at no charge to the home or business owner.

Oregon and Washington laws require homeowners, businesses, and contractors to notify utilities at least two business days before digging commences. So, if you plan to dig, join the people who did the right thing—call before digging.

### Why "call before you dig?"

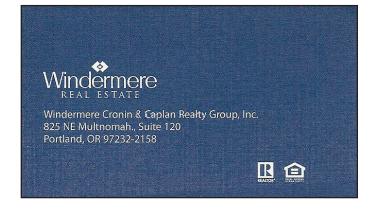
The most common cause of a natural gas pipeline rupture is someone digging into the pipe, whether it be a contractor or a homeowner digging in the backyard. If you plan to dig, call your One Call Center:

Call: 800-332-2344 or 8-1-1

In its natural state, natural gas is odorless. For easy detection, NW Natural injects an odorant called mercaptan into the gas before it is inserted into the distribution system. Mercaptan gives off a foul smell, reminiscent of rotten eggs or sulfur.

Any odor of natural gas inside your home or business may indicate a leak. If you SMELL rotten eggs, leave the area or GO and LET NW NATURAL KNOW by calling 800-882-3377.





### Eric's Paella by Eric Gorrell

The weather is finally starting to improve, which means it is now time for dining al fresco. Frequently this means throwing some burgers and hot dogs on the grill. I enjoy burgers and dogs as much as the next guy, but sometimes I like to mix it up a bit particularly when I am cooking for a group. That is when I whip up my always crowed pleasing Paella. Nothing is better washed down with a crisp pilsner or a glass of Spanish wine. With a little arm twisting from my dear wife (also a Board Member), I am going to share it with all my neighbors so you too can be a big hit at your next soiree.

Chicken thighs (skin on, bone-in)

Sea Salt

Black Pepper (freshly ground)

- 2 Tbs Olive Oil
- 1 medium Yellow Onion
- 2 medium Bell Peppers (1 red, 1 green)
- 4 cloves of Garlic
- I large tomato (cut in half and grated)
- I tsp fresh thyme
- 1 tsp smoked Paprika (more to taste)
- 4 cups Paella or Arborio rice (available at New Seasons or Whole Foods)

1/2 cup dry white wine

2 pinches saffron (steep in wine at the beginning of cooking)

1/2 pound Chorizo sausage (chopped)

I quart Chicken or Beef broth (heated on the grill or stove)

I pound whole Clams (rinsed)



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Lemon wedges (garnish) Parsley (garnish)

Place Paella Pan or Large Skillet over grill heated to medium high until pan is hot. Sprinkle chicken thighs with salt and pepper. Add olive oil. Once olive oil is heated, add chicken, skin side down. If chicken does not all fit in pan at once, may be separated into batches. Cook chicken for 5 minutes, or until skin is crispy (checking after 5 minutes). Flip chicken and cook for an additional 3 minutes. Remove chicken from pan, set off to side, cover with aluminum foil to rest.

Dice into medium pieces the onion and bell peppers. Crush and peel garlic, do not mince. In order to make the sofrito, i.e. foundation of the Paella, place onion, bell peppers, and garlic into pan that is still on the grill. Sauté for 5 to 7 minutes, constantly stirring so as to avoid browning the garlic and onion.

Pour grated tomato into pan with sofrito (sauteed vegetables). Add thyme and paprika to the sofrito, cook for 2 minutes. Add 4 cups of rice. Sautee all ingredients for 3 minutes. Add saffron infused wine to rice and vegetables. Cook until liquid almost completely absorbed. Add chorizo and stir Paella to incorporate.

Add half of hot broth to Paella and stir for about 1 minute. Add chicken, skin side up, spaced evenly throughout the pan. Pour as much of the remaining broth to cover chicken halfway. Let Paella cook, undisturbed, until rice is al dente, approximately 20 to 25 minutes. Add clams, hinge of shell down, largest clams in center of pan, smallest along the edges. Insert clams all the way to bottom of pan. Cover pan with aluminum foil, let cook for additional 3 to 5 minutes, confirm all clams have opened (if not, discard unopened ones). Remove pan from heat, let sit for 5 minutes. Garnish with lemon wedges and parsley. Enjoy!

### Problem-solving phone numbers in Portland

| Report a crime or fire                  | 9-1-1            |
|---|------------------|
| Natural Gas                             | 8-1-1            |
| Police (non-emergency)                  | (503) 823-3333   |
| Police Info & referral                  | (503) 823-4636   |
| Drug house complaints                   | (503) 823-DRUG   |
| Noise control                           | (503) 823-7350   |
| Graffiti hotline                        | (503) 823-5860   |
| Nuisance hotline                        | (503) 823-7306   |
| Street maintenance                      | (503) 823-1700   |
| Animal control                          | (503) 988-7387   |
| Abandoned Auto hotline                  | (503) 823-7309   |
| Disabled autos on private property      | (503) 823-7306   |
| Poison Control hotline                  | (800) 222-1222   |
| Crime Prevention Coordinator, Mike Boye | r (503) 823-2779 |

# The Roseway Reporter

Published three times a year by the Roseway Neighborhood Association

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